

Sunday

Monday


Tuesday

Wednesday

Thursday



Friday

Saturday




**MARCH 2023**  
Spring is Blooming!  
Leroy Rogers Senior Center

	5	9am *Exercise	6	9am *Exercise	7	9am *Line Dance	8	9am *Exercise	9	10am *Senior Steppers (Light walking in the big room)	10		11
		10am Advisory Meeting		10am *Computer Class		10am *Bible Study		10am Nutrition Education					
		10:15 *Chair Yoga				10:15 *Chair Yoga		12pm Kiwanis					
		<b>Geneva's B-Day</b>		<b>Fran's B-Day</b>		1pm Bridge							
		<small>Purim Begins</small>											

	12	9am *Exercise	13	9am *Exercise	14	9am *Line Dance	15	9am *Exercise	16	10am Leprechaun JINGO	17	9am AARP Driver Safety	18
		10am Crafts w/Kim		10am *Computer Class		10am *Bible Study		10am *How to care for your Kidneys					
		10:15 *Chair Yoga		10am *BP/BS Checks		10:15 *Chair Yoga		w/Traditions		7pm SELF			
						1pm Bridge				<small>St. Patrick's Day</small>			
		<small>Daylight Saving Time Begins</small>											

	19	9am *Exercise	20	9am *Exercise	21	9am *Line Dance	22	9am *Exercise	23	10am *Sing & Play w/Deloris	24		25
		10am Spring Craft		10am *Computer Class		10am *Bible Study		10am BINGO w/Always Caring					
		10:15 *Chair Yoga				10:15 *Chair Yoga		12pm Kiwanis		<b>Mary W's B-Day</b>			
		<small>Spring Begins</small>				1pm Bridge							
						<small>Ramadan Begins</small>							

	26	9am *Exercise	27	9am *Exercise	28	9am *Line Dance	29	9am *Exercise	30	10am Exposing the Secret WORD & Missing Vowels	31	<b>Please Join Us!</b>	
		10am *Dementia Behaviors		10am *Computer Class		10am *Bible Study		10am Medication Management					
		10:15 *Chair Yoga		11am *Community CPR class		10:15 *Chair Yoga							
						1pm Bridge							

